



GLUTEN FREE

Entrees

Soup of the day – served with toasted gluten bread £5.95

Pan fried scallops-on bed of leeks and chili butter £7.95

Smoked duck breast -on bed of dressed crispy salad and plums sauce £6.95

Pan fried tiger prawns- tossed in garlic, ginger and chili butter served with gluten free bread £7.95

Olives (v) - £3.05

Garlic Gluten free bread (v) – £3.50 (add cheese for £1)

Olives (v) - £3.05

Main Courses

Freshly Beer Battered Haddock - served with homemade chunky chips, peas and tartare sauce £13.10

8oz Gammon Steak - served with homemade chunky chips and topped with an egg £12.95

The Kings Arms Burger - an 8oz burger with bacon, cheese, relish, tomato & salad served with French fries £12.95

Rib of beef- served with French fries, asparagus and a mushroom and bacon barbeque gravy sauce £17.95

Cannon of lamb –served with dauphinoise potato, creamy garlic spinach, caramelized carrots £18.95

Venison bourguignon -served with creamy mash steamed vegetables £14.95

Liver & Bacon – lamb liver & bacon served with mash potato, fresh vegetables & gravy £13.10

8oz Sirloin Steak-served with homemade chunky chips, flat mushroom & beef tomato £18.95

8oz fillet steak – served with homemade chunky chips, flat mushroom & beef tomato £25

Risotto -roasted fennel, asparagus and sweet potato creamy risotto topped with crispy parsnip £14.50

On the Side

Chunky Chips £3.00 **Cheesy Chips** £3.50 **Crunchy Salad** £1.75 **Mixed Vegetables** £3.00 **Peppercorn Sauce / Blue Cheese Sauce** £2.50

*All food is cooked to order so please be understanding if any dishes are unavailable.

*Please ask a member of staff for Gluten Free Options

*Please let us know if you have any special dietary requirements.

* *much as we try our hardest we cannot guarantee 100% allergies free.*

*Please note that some dishes may contain nuts or small fish bones.



GLUTEN FREE

Dessert

Sticky toffee pudding –served with sticky toffee Sauce and custard or cream £6.50

Crumble of the day – served with custard £5.95

Banoffee pie- served with vanilla ice cream £6.50

Cheeseboard – trio of cheeses of the day cheeses served with gluten free crackers, apple, onion marmalade & celery £8

Ice Creams

Vanilla

Enquire for today's guest sorbet

1 scoop £2

2 scoops £3.50

3 Scoops £4.50

Teas & Coffees

Cafe Latte, Americano, Cappuccino £2.85 | Espresso £2.10| English Breakfast Tea, Herbal Teas
£1.60 Specialty Coffees £4.85

Hot gluten free rolls (served until 5.30pm Monday – Saturday)

Goats Cheese & Red Onion Marmalade £6.95

Tuna & Cucumber £6.95

Chicken & Bacon Caesar Salad £6.95

Bacon & Brie £6.95

(Add a bowl of French fries for £3.00)

Thank you for visiting the Kings Arms, we hope you enjoy your dining experience and we hope to see you again in the near future.

We now offer local courtesy transport free of charge for all our dinners. Please enquiry at time of booking. Tel. contact 01622 755 177

General Manager: Jano Manga

Head Chef: Cameron Tripp